

Happiness 1<sup>st</sup> Institute presents

# A New Career

a Transitions program

## Our Mindsets Affect Transitions. Make Yours Easy!

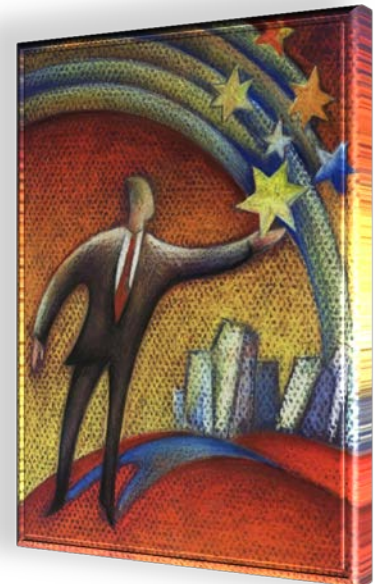
Your mindset as you begin a new job has a tremendous impact on how you are perceived and on your success. Many people find transitions are smoother when they have help processing new perspectives. A chance to explore potential hindrances, and craft solutions to them in advance of actual issues, make them easy to address.

Our Transitions programs are designed to do this for many of the transitions individuals experience during life.

Whether you are fresh out of school or a seasoned veteran (of a long career or service in the military), there are mindsets that many develop that hinder their ability to thrive in a new role. Which mindsets will serve you well? How do you develop them? Those questions and more are answered in our *Careers Transitions program*.

## At A New Career, You Will Learn:

- Basics of how to see your role as a calling and leverage the benefits of that mindset
- To develop mindsets that will make you stand out and be given coveted opportunities
- To develop mindsets that will make your new co-workers want to help you
- Secrets to greater thriving in your career, and how to harness their power
- Ways to get along with others that make every day more enjoyable
- Common missteps that derail promising positions
- How to increase the respect others give you
- How to quickly recover from a bad day
- How to confidently reach for the stars
- How to increase your intrinsic motivation
- Setting and achieving goals like a pro
- Take-aways to help you continue growing
- How to unleash your potential



## Program Dates & Locations

**Register now** to reserve your space. See our list of courses for details. A small deposit holds your reservation and any price discounts for which you qualify. See Form DCT for specifics including guarantees, disclosures, cancel., etc.

