



## Put The—Life Back—In Your Life

If you are, or have been, depressed you know how powerless it can make you feel. Learn how to regain your power. Once you have your power back, your positive mindset can be so automatically empowering that depression becomes a dim memory—a life someone else lived.

*Depression Relief without Rx* was created because you deserve to live life fully awake—not in a fog. You deserve to live a life filled with energy and enthusiasm. Traditional therapies treat symptoms but do not address the root cause of depression. Traditional medicine does not even attempt to bring anyone to a joyous existence—it merely attempts to regain function. You deserve more than that. You deserve to thrive—AND YOU CAN!

For the first time, you will understand the path to joy. When you know the route, you can follow the step-by-step methods to thrive more than you ever imagined.

## At Depression Relief Without Rx, You Will Learn:

- How to recondition your mind for empowerment
- Recognize the best response for you in any situation
- A Step-by-step process to rise above depression and experience joy
- Gain confidence to move ahead in life
- Find opportunities within problems
- Many techniques to shift to better-feeling emotions
- And much, much more

## Program Dates & Locations

**Register now** to reserve your space. See our list of courses for details. A small deposit holds your reservation and any price discounts for which you qualify. See Form DCT for specifics including guarantees, disclosures, cancel., etc. Do not stop treatment without consulting your medical practitioner. See the Disclosure statement regarding this course and any treatments recommended by your medical practitioner(s).

*“Compared to what we ought to be, we are only half awake...the human individual lives far within his limits. He possesses powers of various sorts which he habitually fails to use.”*

*-William James*

