



## Our Mindsets Affect How Quickly We Find The Right New Job.

Your mindset affects how long it takes you to find a new position, and whether you will like that new role, or not.

Many people find transitions are smoother when they have help processing new perspectives and a chance to explore potential hindrances and craft solutions in advance of situations.

Our Transitions programs are designed to do this for many of the transitions individuals experience during life.

Some recruiters only work with upbeat people because they know the ones who increase the energy level are easy to place. It is possible to be upbeat and hopeful when you need a job.

This is also an excellent program for anyone who fears losing their job. The right mindset before a lay-off may keep you off the chopping block or land you a better job within hours of the news, without effort.

### *At Laid-off Transitions, you will learn:*

- The power of positivity in the job market
- The power of positivity for your health during stressful times
- The power of positivity for your relationships
- How to maintain your equanimity during challenging times
- Mindsets to develop now that can reduce stress and worry
- Perspectives about job security that will serve you throughout life
- The hiring power of hopefulness and how to have it
- How to feel better, regardless of circumstances
- How to increase your marketability and think outside the box
- How to negotiate a better salary when the offer comes



## Program Dates & Locations

**Register now** to reserve your space. See our list of courses for details. A small deposit holds your reservation and any price discounts for which you qualify. See Form DCT for specifics including guarantees, disclosures, cancel., etc.

