

Our Mindsets Affect Transitions. Make Yours Easy!

Leaving home may be a long-awaited milestone, or a dreaded assumption of more responsibility than you think you are ready to handle. Even if leaving is a gleeful experience in terms of new-found freedoms, there are responsibilities and considerations that are different from when one still resides in the home they grew up in.

Your mindset as you move out has an impact on how the transition feels to you. Many people find transitions are smoother when they have help processing new perspectives and a chance to explore potential hindrances and craft solutions in advance of situations.

Our Transitions programs are designed to do this for many of the transitions individuals experience during life.

At Leaving Home, you will learn:

- Taking the time and enjoying the freedom to define yourself
- Mindsets that will help you enjoy your new living arrangements
- Practical tips for creating a support network & why you should
- Developing skills that enhance thriving
- Developing adult relationships with your family
- Maintaining relationships with those left behind
- Creating your own rules to live by
- > Tips for navigating the details
- > Enjoying the freedom to be who you want to be
- And much more

Program Dates & Locations

Register now to reserve your space. See our list of courses for details. A small deposit holds your reservation and any price discounts for which you qualify. See Form DCT for specifics including guarantees, disclosures, cancel., etc.

