

## We Customized Programs to Satisfy Your Unique Needs

Our veterans give so much. I have deep appreciation for their willingness to serve their country and fellow citizens. Our programs are able to help veterans in many ways. We can help veterans find inner peace by providing tools that will help them process their experiences, framing them in healthy ways. We have tools that enable them to permanently recondition neuropathways so that automatic responses become easier to live with, in time. We also have processes that can help shift harmful feelings in the moment to ease the pain before the permanent changes are fully in place.

The loving, supportive, appreciative and non-judgmental environment encourages thriving in veterans of every age.

## Programs May Be Designed to Solve Concerns including:

- The type of mindset that will serve you best in the coming years
- > Cultivating Posttraumatic Growth
- Healing PTSD
- ➤ Healing emotional wounds in relationships
- Grief and survivor guilt
- Depression and suicide risk
- ➤ How to redefine yourself and be your best ever
- Loving and forgiving one's self and others
- ➤ How to stop the re-play of bad 'mind-movies'
- ➤ Nurture inner peace



🎔 Thank you. 🎔

You are appreciated.

## **Program Dates & Locations**

**Register now** to reserve your spot. See our list of scheduled courses for specific dates and locations. A small deposit holds your reservation and any price discounts for which you qualify. See the Cancellation / Transfer Agreement for specific conditions relating to Scheduled and Unscheduled registration. Do not stop any treatments without consulting your medical practitioner. See the Disclosure statement regarding this course and any treatments recommended by your medical practitioner(s).



