



Our Mindsets Affects Transitions. Make Yours Easy!

Your mindset as you relocate has a tremendous impact on how the years will unfold. Many people find transitions are smoother when they have help processing new perspectives. A chance to explore potential hindrances, and craft solutions to them in advance of actual issues, make them easy to address.

Our Transitions programs are designed to do this for many of the transitions individuals experience during life.

Relocating is a big step. For many it leads to loneliness and a feeling of disconnection. Sometimes those feelings lead to seeking relief in unhealthy activities. International relocations involve even greater risks. Planning strategies in advance can make these rewarding experiences, instead of painful ones.

At Relocating, you will learn:

- *How to recognize definitions of self that serve your highest good*
- *Skills that enhance thriving*
- *Practical tips for creating a support network in the new location*
- *Mindsets that will help you enjoy your new adventure*
- *Common turn-off's the recently relocated should avoid*
- *Tips on navigating new roads*
- *Techniques for maintaining relationships with those left behind*
- *Ways to help your family through the transition*
- *Whether the relocation is a choice or necessity, it can be fun.*
- *Enjoying the freedom to be who you want to be, without expectations from those who have you boxed into old stereotypes*



Program Dates & Locations

Register now to reserve your space. See our list of courses for details. A small deposit holds your reservation and any price discounts for which you qualify. See Form DCT for specifics including guarantees, disclosures, cancel., etc.

